



THE OPRAH  
MAGAZINE

LIVE YOUR BEST LIFE

‘What Wonders  
Can You Achieve?  
It’s Time to  
Find Out’

—Oprah

MEDITATE AND  
LOSE WEIGHT

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SUZE ORMAN  
TO THE RESCUE

Cleaning up a  
mess of debt

ARE YOUR  
EMOTIONS  
RUNNING  
YOU?

Take out  
revealing qui

## *At Your Service*

PHILANTHROPIC PROGRAMS PROVE THAT BEAUTY IS MORE THAN SKIN-DEEP



Cancer-and its treatment-can wreak havoc on patients' skin. INNOVATIVE SKINCARE® runs its iS CANCER CARE program through Washington Cancer Institute and Revlon/UCLA Breast Center to help women regain control of their complexions. Several times a year, the company holds skincare seminars at which they give patients complimentary serums and creams. Every October, the company also sponsors a “spa day” at both hospitals, bringing in aestheticians to provide facials, massages, and makeup applications.

[www.iscancercare.com](http://www.iscancercare.com)